

Texans Are Sick of Rising Costs and Losing Coverage Thanks to the GOP Health Care Disaster

Protect Our Care's Nationwide Grassroots Campaign, "Sick of It! Fix Health Care Now," is Giving Voice to Texans Sick of President Trump and Republicans in Congress Gutting Our Health Care System

People across Texas are sick of choosing between affording health care and putting food on the table. Donald Trump and Republicans, including Senators John Cornyn and Ted Cruz, have cut over \$1 trillion from health care to fund tax breaks for billionaires and big corporations, causing nearly 8 million Americans to lose their Affordable Care Act (ACA) or Medicaid/CHIP coverage — including nearly 370,000 Texans. [Premiums](#) have doubled for 3,713,574 Texans and nearly [22 million families](#) nationwide. and cuts to Medicaid are putting seniors, sick kids, moms, and disabled Americans at risk of losing access to lifesaving medical treatments. Texans are dropping coverage they can no longer afford, delaying care, rationing medications, and living with the constant fear that an emergency could push them deeper into debt.

Meanwhile, 34 hospitals, clinics, and nursing homes in Texas have been forced to shut down, cut services, or are at risk of doing so following the GOP health care cuts. Entire communities are being stranded without essential care. For too many Texans, getting the care they need now means traveling farther, waiting longer, paying more, or going without it altogether. [Health care leaders](#) are sounding the alarm as they are forced to close maternity wards, scale back critical care units, and lay off team members to balance their budgets.

As the full impact of these cuts continues to unfold, more families are expected to lose coverage, more providers will face difficult financial decisions, and more communities will be left without the care they depend on.

BY THE NUMBERS: Texans Choose Between Paying More Or Foregoing Health Care Coverage

- An estimated **367,270 Texans** have already lost the Medicaid, CHIP, or ACA coverage they counted on to see a doctor after Republicans gutted health care.
 - **220,925 Texans** have [lost](#) their Medicaid or CHIP coverage.
 - **146,345 Texans** [dropped](#) their ACA health care coverage after premiums skyrocketed.
- Premiums for Texans [who counted on](#) the health tax credits Republicans gutted **increased by an average of 289% this year:**
 - A **45-year-old in Texas** making \$64,000 saw their average annual premium costs [rise](#) by **\$3,522** to hit \$8,962 this year.

- A **60-year-old couple in Texas** making \$85,000 saw their average annual premium costs [rise](#) by **\$26,464** to hit \$33,689 this year.
- A **family of four in Texas** making \$130,000 saw their average annual premium costs [rise](#) by **\$14,310** to hit \$25,360 this year.
- Hospital systems nationwide are already reporting a surge in uninsured patients after Republicans ripped away health tax credits. **Texas hospitals and clinics are facing a \$10.2 billion** loss in funding and a 22.4% [spike](#) in uncompensated care demand that will affect their ability to keep their doors open.
- **Texas hospitals [alone](#)** are also expected to **lose \$20.6 billion over the next decade due to GOP Medicaid cuts**. As of August 2026, 34 Texas health care providers are at-risk, announced cuts, are closing, or have closed, [including](#):
 - **AT-RISK:** Anson General Hospital, Ascension Seton Smithville, Baylor Scott & White - Marble Falls, Covenant Hospital Levelland, Covenant Hospital Plainview, El Campo Memorial Hospital, Falls Community Hospital & Clinic, Gateway Community Health Center, Haskell Memorial Hospital, Memorial Medical Center, Mid Coast Medical Center-Central, Mitchell County Hospital, North Runnels Hospital District, Palacios Community Medical Center, Scenic Mountain Medical Center, TMC Bonham Hospital, Val Verde Regional Medical Center
 - **CUTS ANNOUNCED:** BSA Health System, Laurel Ridge Treatment Center
 - **CLOSED:** Allegiance Care, Baylor Scott & White Medical Center - Lakeway Labor & Delivery, Cottonwood Creek Healthcare Community, Hunt Regional Emergency Medical Center at Commerce, Hunt Regional Emergency Medical Center at Quinlan, Kell West Regional Hospital, Medical Center of Southeast Texas -- Labor & Delivery, North Heights Medical Clinic, Planned Parenthood Gulf Coast - Prevention Park, Planned Parenthood Gulf Coast - Southwest, Raymondville Independent School District (ISD) Health Clinic, SAFE's Eloise House -- Forensic Exam Services, University Place Skilled Nursing Facility, Uplift Family Medicine, WellMed at Kingsville