

North Carolinians Are Sick of Rising Costs and Losing Coverage Thanks to the GOP Health Care Disaster

Protect Our Care's Nationwide Grassroots Campaign, "Sick of It! Fix Health Care Now," is Giving Voice to North Carolinians Sick of President Trump and Republicans in Congress Gutting Our Health Care System

People across North Carolina are sick of choosing between affording health care and putting food on the table. Donald Trump and Republicans, including Senators Thom Tillis and Ted Budd, have cut over \$1 trillion from health care to fund tax breaks for billionaires and big corporations, causing nearly 8 million Americans to lose their Affordable Care Act (ACA) or Medicaid/CHIP coverage — including nearly 235,000 North Carolinians. [Premiums](#) have doubled for 888,059 North Carolinians and nearly [22 million families](#) nationwide. and cuts to Medicaid are putting seniors, sick kids, moms, and disabled Americans at risk of losing access to lifesaving medical treatments. North Carolinians are dropping coverage they can no longer afford, delaying care, rationing medications, and living with the constant fear that an emergency could push them deeper into debt.

Meanwhile, 22 hospitals, clinics, and nursing homes in North Carolina have been forced to shut down, cut services, or are at risk of doing so following the GOP health care cuts. Entire communities are being stranded without essential care. For too many North Carolinians, getting the care they need now means traveling farther, waiting longer, paying more, or going without it altogether. [Health care leaders](#) are sounding the alarm as they are forced to close maternity wards, scale back critical care units, and lay off team members to balance their budgets.

As the full impact of these cuts continues to unfold, more families are expected to lose coverage, more providers will face difficult financial decisions, and more communities will be left without the care they depend on.

BY THE NUMBERS: North Carolinians Choose Between Paying More Or Foregoing Health Care Coverage

- An estimated **234,483 North Carolinians** have already lost the Medicaid, CHIP, or ACA coverage they counted on to see a doctor after Republicans gutted health care.
 - **69,801 North Carolinians** have [lost](#) their Medicaid or CHIP coverage.
 - **164,682 North Carolinians** [dropped](#) their ACA health care coverage after premiums skyrocketed.
- Premiums for North Carolinians [who counted on](#) the health tax credits Republicans gutted **increased by an average of 149% this year:**
 - A **45-year-old in North Carolina** making \$64,000 saw their average annual premium costs [rise](#) by **\$3,210** to hit \$8,650 this year.

- A **60-year-old couple in North Carolina** making \$85,000 saw their average annual premium costs [rise](#) by **\$25,292** to hit \$32,517 this year.
- A **family of four in North Carolina** making \$130,000 saw their average annual premium costs [rise](#) by **\$13,428** to hit \$24,478 this year.
- Hospital systems nationwide are already reporting a surge in uninsured patients after Republicans ripped away health tax credits. **North Carolina hospitals and clinics are facing a \$437 million** loss in funding and a 3.3% [spike](#) in uncompensated care demand that will affect their ability to keep their doors open.
- **North Carolina hospitals [alone](#)** are also expected to **lose \$35.4 billion over the next decade due to GOP Medicaid cuts**. As of August 2026, 22 North Carolina health care providers are at-risk, announced cuts, are closing, or have closed, [including](#):
 - **AT-RISK:** Blue Ridge Regional Hospital, CarolinaEast Medical Center, Chatham Hospital, Martin General Hospital, MH Angel Medical Center, Mission Hospital, Person Memorial Hospital, Scotland Health, UNC Health Lenoir, UNC Rockingham Hospital, Western North Carolina Community Health Services - Homin Valley Health Center, Western North Carolina Community Health Services - McDowell Health Center, Western North Carolina Community Health Services - Minnie Jones Health Center
 - **CUTS ANNOUNCED:** Cape Fear Valley Medical Center, Duke University School of Medicine, ECU Health
 - **CLOSED:** A Woman's Choice of Greensboro, Carolina House, Greenville Women's Care, HealthFirst Wellness Center, Jacksonville Children's & Multispecialty Clinic of Neurology, Lovely Day ABA & Autism Analyst