

Minnesotans Are Sick of Rising Costs and Losing Coverage Thanks to the GOP Health Care Disaster

Protect Our Care's Nationwide Grassroots Campaign, "Sick of It! Fix Health Care Now," is Giving Voice to Minnesotans Sick of President Trump and Republicans in Congress Gutting Our Health Care System

People across Minnesota are sick of choosing between affording health care and putting food on the table. Donald Trump and Republicans have cut over \$1 trillion from health care to fund tax breaks for billionaires and big corporations, causing nearly 8 million Americans to lose their Affordable Care Act (ACA) or Medicaid/CHIP coverage — including over 80,000 Minnesotans. [Premiums](#) have doubled for 91,520 Minnesotans and nearly [22 million families](#) nationwide. and cuts to Medicaid are putting seniors, sick kids, moms, and disabled Americans at risk of losing access to lifesaving medical treatments. Minnesotans are dropping coverage they can no longer afford, delaying care, rationing medications, and living with the constant fear that an emergency could push them deeper into debt.

Meanwhile, 31 hospitals, clinics, and nursing homes in Minnesota have been forced to shut down, cut services, or are at risk of doing so following the GOP health care cuts. Entire communities are being stranded without essential care. For too many Minnesotans, getting the care they need now means traveling farther, waiting longer, paying more, or going without it altogether. [Health care leaders](#) are sounding the alarm as they are forced to close maternity wards, scale back critical care units, and lay off team members to balance their budgets.

As the full impact of these cuts continues to unfold, more families are expected to lose coverage, more providers will face difficult financial decisions, and more communities will be left without the care they depend on.

BY THE NUMBERS: Minnesotans Choose Between Paying More Or Foregoing Health Care Coverage

- An estimated **80,085 Minnesotans** have already lost the Medicaid, CHIP, or ACA coverage they counted on to see a doctor after Republicans gutted health care.
 - **38,906 Minnesotans** have [lost](#) their Medicaid or CHIP coverage.
 - **41,179 Minnesotans** [dropped](#) their ACA health care coverage after premiums skyrocketed.
- Premiums for Minnesotans [who counted on](#) the health tax credits Republicans gutted **increased by an average of 30% this year:**
 - A **45-year-old in Minnesota** making \$64,000 saw their average annual premium costs [rise](#) by **\$594** to hit \$6,034 this year.

- A **60-year-old couple in Minnesota** making \$85,000 saw their average annual premium costs [rise](#) by **\$15,455** to hit \$22,680 this year.
- A **family of four in Minnesota** making \$130,000 saw their average annual premium costs [rise](#) by **\$7,068** to hit \$18,118 this year.
- Hospital systems nationwide are already reporting a surge in uninsured patients after Republicans ripped away health tax credits. **Minnesota hospitals and clinics are facing a \$128 million** loss in funding and a 0.3% [spike](#) in uncompensated care demand that will affect their ability to keep their doors open.
- **Minnesota hospitals [alone](#)** are also expected to **lose \$5.4 billion over the next decade due to GOP Medicaid cuts**. As of August 2026, 31 Minnesota health care providers are at-risk, announced cuts, are closing, or have closed, [including](#):
 - **AT-RISK:** Astera Health -- Wadena Clinic, Hennepin County Medical Center, Madelia Health, Mayo Clinic Health System-Fairmont, Mille Lacs Health System, Range Regional Health Services
 - **CUTS ANNOUNCED:** Abbott Northwestern Hospital - inpatient kidney transplant surgeries, Aspirus St. Luke's Hospital - Home Health Care Division, CentraCare, Hennepin Healthcare - Integrative Health, Hennepin Healthcare - Interventional Pain, Hennepin Healthcare - Senior & Extended Care, Hennepin Healthcare - Sleep Services, Hennepin Healthcare - Weight Management, Mankato Clinic
 - **CLOSURE ANNOUNCED:** Aspirus Lake View Silver Bay Clinic
 - **CLOSED:** Allina Health - Maplewood Clinic, Allina Health - Nicollet Mall Clinic, Allina Health - Oakdale Clinic, Allina Health Inver Grove Heights Clinic, Allina's Owatonna Hospital - On Call OB-GYN Physician Services, Center for Specialty Care, Faribault Medical Center - Labor & Delivery Unit, Mayo Clinic - Belle Plaine, Mayo Clinic - Caledonia, Mayo Clinic - Montgomery, Mayo Clinic - Northridge, Mayo Clinic - St. Peter, Mayo Clinic - Wells, Mayo Clinic Hospital - Albert Lea - Surgery Unit, Mercy Hospital-Unity Campus - inpatient chemical dependency