

Marylanders Are Sick of Rising Costs and Losing Coverage Thanks to the GOP Health Care Disaster

Protect Our Care's Nationwide Grassroots Campaign, "Sick of It! Fix Health Care Now," is Giving Voice to Marylanders Sick of President Trump and Republicans in Congress Gutting Our Health Care System

People across Maryland are sick of choosing between affording health care and putting food on the table. Donald Trump and Republicans have cut over \$1 trillion from health care to fund tax breaks for billionaires and big corporations, causing nearly 8 million Americans to lose their Affordable Care Act (ACA) or Medicaid/CHIP coverage — including nearly 75,000 Marylanders. [Premiums](#) have doubled for 181,274 Marylanders and nearly [22 million families](#) nationwide. and cuts to Medicaid are putting seniors, sick kids, moms, and disabled Americans at risk of losing access to lifesaving medical treatments. Marylanders are dropping coverage they can no longer afford, delaying care, rationing medications, and living with the constant fear that an emergency could push them deeper into debt.

Meanwhile, 5 hospitals, clinics, and nursing homes in Maryland have been forced to shut down, cut services, or are at risk of doing so following the GOP health care cuts. Entire communities are being stranded without essential care. For too many Marylanders, getting the care they need now means traveling farther, waiting longer, paying more, or going without it altogether. [Health care leaders](#) are sounding the alarm as they are forced to close maternity wards, scale back critical care units, and lay off team members to balance their budgets.

As the full impact of these cuts continues to unfold, more families are expected to lose coverage, more providers will face difficult financial decisions, and more communities will be left without the care they depend on.

BY THE NUMBERS: Marylanders Choose Between Paying More Or Foregoing Health Care Coverage

- An estimated **74,498 Marylanders** have already lost the Medicaid, CHIP, or ACA coverage they counted on to see a doctor after Republicans gutted health care.
 - **62,057 Marylanders** have [lost](#) their Medicaid or CHIP coverage.
 - **12,441 Marylanders** [dropped](#) their ACA health care coverage after premiums skyrocketed.
- Premiums for Marylanders [who counted on](#) the health tax credits Republicans gutted **increased by an average of 154% this year:**
 - A **45-year-old in Maryland** making \$64,000 saw their average annual premium costs [rise](#) by **\$133** to hit \$5,573 this year.

- A **60-year-old couple in Maryland** making \$85,000 saw their average annual premium costs [rise](#) by **\$13,722** to hit \$20,947 this year.
- A **family of four in Maryland** making \$130,000 saw their average annual premium costs [rise](#) by **\$4,719** to hit \$15,769 this year.
- Hospital systems nationwide are already reporting a surge in uninsured patients after Republicans ripped away health tax credits. **Maryland hospitals and clinics are facing a \$113 million** loss in funding and a 6.9% [spike](#) in uncompensated care demand that will affect their ability to keep their doors open.
- **Maryland hospitals [alone](#)** are also expected to **lose \$5.5 billion over the next decade due to GOP Medicaid cuts**. As of August 2026, 5 Maryland health care providers are at-risk, announced cuts, are closing, or have closed, [including](#):
 - **CLOSED:** Adventist HealthCare Germantown Emergency Center, ChristianaCare Union Hospital -- Family Birth Center, Johns Hopkins Medicine Potomac Home Health Care & Potomac Home Support, LifeBridge Health Ellicott City Ambulatory Surgery Center, Menocal Family Practice