Mainers Are Sick of Rising Costs and Losing Coverage Thanks to the GOP Health Care Disaster

Protect Our Care's Nationwide Grassroots Campaign, "Sick of It! Fix Health Care Now," is Giving Voice to Mainers Sick of President Trump and Republicans in Congress Gutting Our Health Care System

People across Maine are sick of choosing between affording health care and putting food on the table. Donald Trump and Republicans, including Senator Susan Collins, have cut over $1 trillion from health care to fund tax breaks for billionaires and big corporations, causing nearly 8 million Americans to lose their Affordable Care Act (ACA) or Medicaid/CHIP coverage — including more than 23,000 Mainers. Premiums have doubled for 53,808 Mainers and nearly 22 million families nationwide. and cuts to Medicaid are putting seniors, sick kids, moms, and disabled Americans at risk of losing access to lifesaving medical treatments. Mainers are dropping coverage they can no longer afford, delaying care, rationing medications, and living with the constant fear that an emergency could push them deeper into debt.

Meanwhile, 20 hospitals, clinics, and nursing homes in Maine have been forced to shut down, cut services, or are at risk of doing so following the GOP health care cuts. Entire communities are being stranded without essential care. For too many Mainers, getting the care they need now means traveling farther, waiting longer, paying more, or going without it altogether. Health care leaders are sounding the alarm as they are forced to close maternity wards, scale back critical care units, and lay off team members to balance their budgets.

As the full impact of these cuts continues to unfold, more families are expected to lose coverage, more providers will face difficult financial decisions, and more communities will be left without the care they depend on.

BY THE NUMBERS: Mainers Choose Between Paying More Or Foregoing Health Care Coverage

- An estimated **23,041 Mainers** have already lost the Medicaid, CHIP, or ACA coverage they counted on to see a doctor after Republicans gutted health care.
    - **14,017 Mainers** have lost their Medicaid or CHIP coverage.
    - **9,024 Mainers** have dropped their ACA health care coverage after premiums skyrocketed.

- Premiums for Mainers who counted on the health tax credits Republicans gutted **increased by an average of 81% this year:**

    - A **45-year-old in Maine** making $64,000 saw their average annual premium costs **rise by $4,160** to hit $9,600 this year.

    - A **60-year-old couple in Maine** making $85,000 saw their average annual premium costs **rise by $28,860** to hit $36,085 this year.

    - A **family of four in Maine** making $130,000 saw their average annual premium costs **rise by $16,113** to hit $27,163 this year.

- Hospital systems nationwide are already reporting a surge in uninsured patients after Republicans ripped away health tax credits. **Maine hospitals and clinics are facing a $38 million** loss in funding and a 6.7% spike in uncompensated care demand that will affect their ability to keep their doors open.

- **Maine hospitals** alone are also expected to **lose $1.5 billion over the next decade due to GOP Medicaid cuts.** As of August 2026, 20 Maine health care providers are at-risk, announced cuts, are closing, or have closed, including:

    - **AT-RISK:** Maine Coast Memorial Hospital, Maine Medical Center, MaineGeneral Health, MaineHealth Lincoln Hospital - Labor & Delivery, Northern Light Eastern Maine Medical Center, The Aroostook Medical Center

    - **CUTS ANNOUNCED:** Central Maine Healthcare, Northern Light Health, Northern Maine General

    - **CLOSURE ANNOUNCED:** MaineGeneral Eye Center

    - **CLOSED:** Aurora Healthcare, Central Maine Healthcare - Manchester Care Center, Central Maine Healthcare Gray Family Health Center, Downeast Community Partners - Maternal & Child Health program, Downeast OB-GYN, Maine Family Planning & Health Imperatives - Primary Care, Mount Desert Island Hospital OB Unit, Northern Light Health - Walk-in Clinic Bangor, Northern Light Health - Walk-in Clinic Waterville, Northern Light Health Primary Care - Castine