

Iowans Are Sick of Rising Costs and Losing Coverage Thanks to the GOP Health Care Disaster

Protect Our Care's Nationwide Grassroots Campaign, "Sick of It! Fix Health Care Now," is Giving Voice to Iowans Sick of President Trump and Republicans in Congress Gutting Our Health Care System

People across Iowa are sick of choosing between affording health care and putting food on the table. Donald Trump and Republicans, including Senators Chuck Grassley and Joni Ernst, have cut over \$1 trillion from health care to fund tax breaks for billionaires and big corporations, causing nearly 8 million Americans to lose their Affordable Care Act (ACA) or Medicaid/CHIP coverage — including nearly 22,000 Iowans. [Premiums](#) have doubled for 117,890 Iowans and nearly [22 million families](#) nationwide. and cuts to Medicaid are putting seniors, sick kids, moms, and disabled Americans at risk of losing access to lifesaving medical treatments. Iowans are dropping coverage they can no longer afford, delaying care, rationing medications, and living with the constant fear that an emergency could push them deeper into debt.

Meanwhile, 19 hospitals, clinics, and nursing homes in Iowa have been forced to shut down, cut services, or are at risk of doing so following the GOP health care cuts. Entire communities are being stranded without essential care. For too many Iowans, getting the care they need now means traveling farther, waiting longer, paying more, or going without it altogether. [Health care leaders](#) are sounding the alarm as they are forced to close maternity wards, scale back critical care units, and lay off team members to balance their budgets.

As the full impact of these cuts continues to unfold, more families are expected to lose coverage, more providers will face difficult financial decisions, and more communities will be left without the care they depend on.

BY THE NUMBERS: Iowans Choose Between Paying More Or Foregoing Health Care Coverage

- An estimated **21,058 Iowans** have already [lost](#) the ACA coverage they counted on to see a doctor after Republicans gutted health care.
- Premiums for Iowans [who counted on](#) the health tax credits Republicans gutted **increased by an average of 173% this year:**
 - A **45-year-old in Iowa** making \$64,000 saw their average annual premium costs [rise](#) by **\$1,353** to hit \$6,793 this year.
 - A **60-year-old couple in Iowa** making \$85,000 saw their average annual premium costs [rise](#) by **\$18,310** to hit \$25,535 this year.

- A **family of four in Iowa** making \$130,000 saw their average annual premium costs **rise by \$8,171** to hit \$19,221 this year.
- Hospital systems nationwide are already reporting a surge in uninsured patients after Republicans ripped away health tax credits. **Iowa hospitals and clinics are facing a \$27 million** loss in funding and a 13.7% **spike** in uncompensated care demand that will affect their ability to keep their doors open.
- **Iowa hospitals alone** are also expected to **lose \$8.9 billion over the next decade due to GOP Medicaid cuts**. As of August 2026, 19 Iowa health care providers are at-risk, announced cuts, are closing, or have closed, **including**:
 - **AT-RISK**: Manning Regional Healthcare Center, MercyOne - Newton Medical Center
 - **CUTS ANNOUNCED**: Horn Memorial Hospital - home health & hospice services, MercyOne Des Moines Medical Center, MercyOne North Iowa Medical Center, Pella Regional Medical Clinic
 - **CLOSURE ANNOUNCED**: CHI Health Mercy Council Bluffs -- Labor & Delivery Unit, Planned Parenthood - Iowa City Health Center, River Hills Community Health Center - Centerville, River Hills Community Health Center - Richland, Southeast Iowa Regional Medical Center - Labor & Delivery Unit
 - **CLOSED**: Britton Chiropractic & Rehab Clinic, Israel Family Hospice House, MercyOne Clinton Medical Center -- Labor & Delivery Unit, MercyOne Ottumwa Family & Internal Medicine Clinic, MercyOne South Des Moines Family Medicine & Urgent Care, MercyOne Traer Family Medicine, UnityPoint Clinic Family Medicine - Anthon, UnityPoint Clinic Family Medicine - Merville