

Nutmeggers Are Sick of Rising Costs and Losing Coverage Thanks to the GOP Health Care Disaster

Protect Our Care's Nationwide Grassroots Campaign, "Sick of It! Fix Health Care Now," is Giving Voice to Nutmeggers Sick of President Trump and Republicans in Congress Gutting Our Health Care System

People across Connecticut are sick of choosing between affording health care and putting food on the table. Donald Trump and Republicans have cut over \$1 trillion from health care to fund tax breaks for billionaires and big corporations, causing nearly 8 million Americans to lose their Affordable Care Act (ACA) or Medicaid/CHIP coverage — including nearly 20,000 Nutmeggers. [Premiums](#) have doubled for 128,440 Nutmeggers and nearly [22 million families](#) nationwide. and cuts to Medicaid are putting seniors, sick kids, moms, and disabled Americans at risk of losing access to lifesaving medical treatments. Nutmeggers are dropping coverage they can no longer afford, delaying care, rationing medications, and living with the constant fear that an emergency could push them deeper into debt.

Meanwhile, 6 hospitals, clinics, and nursing homes in Connecticut have been forced to shut down, cut services, or are at risk of doing so following the GOP health care cuts. Entire communities are being stranded without essential care. For too many Nutmeggers, getting the care they need now means traveling farther, waiting longer, paying more, or going without it altogether. [Health care leaders](#) are sounding the alarm as they are forced to close maternity wards, scale back critical care units, and lay off team members to balance their budgets.

As the full impact of these cuts continues to unfold, more families are expected to lose coverage, more providers will face difficult financial decisions, and more communities will be left without the care they depend on.

BY THE NUMBERS: Nutmeggers Choose Between Paying More Or Foregoing Health Care Coverage

- An estimated **19,649 Nutmeggers** have already lost the Medicaid, CHIP, or ACA coverage they counted on to see a doctor after Republicans gutted health care.
 - **17,762 Nutmeggers** have [lost](#) their Medicaid or CHIP coverage.
 - **1,887 Nutmeggers** [dropped](#) their ACA health care coverage after premiums skyrocketed.
- Premiums for Nutmeggers [who counted on](#) the health tax credits Republicans gutted **increased by an average of 79% this year:**
 - A **45-year-old in Connecticut** making \$64,000 saw their average annual premium costs [rise](#) by **\$6,356** to hit \$11,796 this year.

- A **60-year-old couple in Connecticut** making \$85,000 saw their average annual premium costs [rise](#) by **\$37,116** to hit \$44,341 this year.
- A **family of four in Connecticut** making \$130,000 saw their average annual premium costs [rise](#) by **\$22,329** to hit \$33,379 this year.
- Hospital systems nationwide are already reporting a surge in uninsured patients after Republicans ripped away health tax credits. **Connecticut hospitals and clinics are facing a \$45 million** loss in funding and a 0.8% [spike](#) in uncompensated care demand that will affect their ability to keep their doors open.
- **Connecticut hospitals [alone](#)** are also expected to **lose \$5.7 billion over the next decade due to GOP Medicaid cuts**. As of August 2026, 6 Connecticut health care providers are at-risk, announced cuts, are closing, or have closed, [including](#):
 - **AT-RISK:** Sharon Hospital, St. Mary's Hospital - CT Children's Inpatient Unit
 - **CUTS ANNOUNCED:** Saint Francis Hospital
 - **CLOSED:** Bickford Health Care Center, Johnson Memorial Hospital Outpatient Cardiac Rehab & Wellness Program, ProHealth Physicians